Hancock Co. Child Development Complex-EARLY HEAD START Menu

										Effective 8/8/22- 12/16/22
LUNCH - Week 1										
	PB&J		Taco Salad		Baked Potato w/		Chicken Strips		Pizza Slice	Serving Dates:
Monday	Uncrustable	Tuesday	w/WG Chips	Wednesday	Ham, Broccoli &	Thursday	Cheesy Potatoes	Friday	Breadstick	Aug. 10-12, 22-26
	Mac & Cheese		Refried Beans		other Toppings		Green Beans		w/Marinara	Sept. 6-9, 19-23
	Baked Beans		Taco Toppings		WG Roll		Corn Bread Muffin		Mixed Vegetables	Oct. 3-7, 24-28
	Fruit / Juice		Fruit / Juice		Fruit / Juice		Fruit / Juice		Fruit / Juice	Nov. 9-11, 21-22
	Milk		Milk		Milk		Milk		Milk	Dec. 5-9
					LUNG	LUNCH - Week 2				
Monday	Chicken Patty	uesday	Taco Salad	<u> </u>	Boneless Wings		Italian Pasta	Serving Dates:		
	Mashed Potatoes		w/WG Chips		Cheeseburger	Thursday	w/BBQ or Hot	Friday	Cooked Carrots	Aug. 15-19, 29-31
	Peas		Refried Beans		Baked Beans/Chips		Green Beans		Fresh Side Salad	Sept. 1-2, 12-16, 26-30
	Bread Slice		Corn & Toppings		Burger Toppings		Hashbrown		Breadstick	Oct. 17-21, 31
	Fruit / Juice	7	Fruit / Juice		Fruit / Juice		Fruit / Juice		Fruit / Juice	Nov. 1-4, 14-18, 28-30
	Milk		Milk		Milk		Milk		Milk	Dec. 1-2, 12-16
	BREAKFAST - WEEKLY									
Monday	WG Cheerios	2	WG Cinnamon	Vednesday	WG Cinnamon	Thursday	WG Mini Pancakes	Friday	WG Biscuit	
	Applesauce	uesday	Muffin		Toast Crunch Cereal		Mixed Berry Cup		Applesauce	
	Milk	Tue	Strawberry Cup		Applesauce		Milk		Milk	
			Milk		Milk					
	SNACK - WEEKLY									
Monday	Cheese Cubes	Tuesday	WG Goldfish	Wednesday	Yogurt	Thursday	WG Cheerios	Friday	WG Cinnamon	
	Juice		Crackers		Juice		Cereal		Muffin	
			Juice				Juice		Juice	

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